# **Nutrition Club Training**

#### Shift 1

- 1. Explain what a nutrition club is...friendly environment, fun, inviting etc.
- 2. Opening/Closing procedures (lights, blenders, cup sealer, sink, club products)
- 3. Detailed explanation of what we serve (Aloe, tea, shake) \*see script
- 4. How to make: Shake/ Bowls, Tea, Aloe and Upgrades (Prolessa Shot, Tea Bomb)
  Getting the correct consistency
- 5. Herbalife POS
- 6. Square How we take payments
- 7. Herbalife Waiting Room Self check-in
- 8. Explain how to greet and go over menu and explain what we serve (See Script)
- 9. Review Q&A club sheet
- 10. Explain "Core Nutrition", PDM, Aloe and Tea (Full product training in 24healthhub)
- 11. Explain how and when we introduce health coaching
  - 1. Wellness Profile
  - 2. Explanation of access to 24 Health Hub, coaching and accountability
  - 3. Explain Jumpstart Program Explain \$35 to become Preferred Member and how we complete sale.

# Marketing Plan - Use documents in Health Coach Handbook & 24HH.com

- 12. Help them understand & get clear on Marketing Plan (Getting Clients & Distributors)
  - 1. Review stair step Don't go into detail just show income potentials at each level
- 13. How to reach Supervisor (See training video in 24HH)

The rest of the time should be spent shadowing: Learning how to greet & serve people

Explain that all training will be in 24HealhtHub & they will have 24/7 access to this once they have completed both days of onsite training.

#### **Nutrition Club Owner or Coach Information**

Top 4 things for the owner or upline coach to observe as they are training a new coach.

- 1. How are they responding to jumping in and making teas, and shakes (are they taking the lead?
- 2. How are they communicating with customers?
- 3. How are they dressed? Hair, Clothing etc? How are representing YOU?
- 4. Assess their personality. Outgoing, Energetic, Assertive, Leader? OR are they shy, quiet, not assertive, not focused?

### First milestones and goals for your new coach in training are..

- 1. To see they are making progress with their own results. (Very Important)
- 2. That they are passing out invites and they are coming into the club.
- 3. That they are present and showing up on time for shifts.
- 4. They are getting PMs to build towards their discount.
- 5. They are engaging in HOMs, Calls and Team events.
- 6. As their 60 days is complete they should be at min Qualified Producer 42% and close to their Supervisor (Pilot Program Promo)
- 7. At the end of 60 days you will go over a coach evaluation \*Accountability and Gauges (Found in 24healthhub)