

Nutrition Club Scripts

Explain what the nutrition club is, what we serve and how we help the community!

First of all, always greet people as soon as they walk in the door even if you are helping someone else or making a service.

Script to explain to a new person:

I always have the counter menu in front of them as I am explaining what we serve and having them look at the steps.

Is this your first time? Yes, great how did you hear about us? (Invite, google, FB etc)

Ok great, as our guest your first time is half off so feel free to try whatever you want. Let me explain what we do. We are a healthy fast food alternative. We do a 3 Part Meal.

First we give you a shot of aloe. This soothes your digestive system and tastes great. It comes in Mango or Cranberry.

Then we serve you our herbal energy tea. It comes Raspberry, Peach, Lemon, Cinnamon or Chai. This will give you great energy and actually burns calories.

If you are not a huge tea fan, we also do what we call Tea Bombs. These are more of a fruit flavored drink with only 1 gram of sugar. We take the aloe, tea and this tablet that is 100% B-6 and B-12 vitamins and mix them all together. They taste amazing and people come in to just get these.

The flavors are Pomegranate, Orange Blast, Lime Aid and Immune boost which actually has 1,000 mg of Vitamin C, Zinc and Echinacea.

The 3rd part is your meal. Our meal comes in a Smoothie, ACAI Bowl or Oatmeal Bowl.
[Flip over menu to explain](#)

Different then your typical smoothie ours our truly meal replacements and they have 24 grams of protein, 21 vitamins and minerals and are only 200-250 calories. Same with our ACAI bowl and Oatein Bowls they just have a little more calories, about 350 and they are also meal replacements.

[Hand them order slip](#)

So to make it a little easier, here is our order slips. Just circle if you want a regular aloe and tea or a tea bomb, then put the # of the smoothie or bowl here and at the bottom. We also have some extras such as fiber, probiotics and boosters that you can add to your shake. Just circle anything you want to add.