

TRI LIFE

NUTRITION

STEP 1 - Aloe

Soothes Digestive System

Mango • Cranberry

STEP 2 - Tea

Served Hot or Cold
Healthy Boost of Energy

Lemon • Peach • Raspberry
Chai • Cinnamon

Tea Bomb

Pom Bom • Orange Blast
Lime Aid • Immune Boost

Step 3

"THE PERFECT MEAL"

24gr of Protein
21 Vitamines & Minerals

SMOOTHIES
ACAI BOWLS
OATEIN BOWLS

MENU

Shake • Tea • Aloe	\$8
Shake Only	\$6
Acai Bowl • Tea • Aloe	\$9
Acai Bowl Only	\$7
Kids Shake	\$5
Post Workout Shake	\$6
Protein Snack Bar	\$3
Meal Bar	\$5
Tea & Aloe	\$3
Tea Bomb	\$5
Lift Off Energy Tablet	\$3
Immune Boost Tablet	\$3
Soup Mix or Soy Nuts	\$3

BOOSTS

Fat Burner Shot	\$5
Collagen Booster	\$3
Simply Probiotics	\$2
Extra Fiber (5gr)	\$1
Extra Protein (5 gr)	\$1
Cr7 Drive 1 Scoop	\$1

Ask about our
Nutrition Coaching!